



Counting of the Omer

at the Beth Sholom Library

April/May 2009

FOR ADULTS:

Domnitch, Larry. *The Jewish Holidays: A Journey Through History*. (Jason Aronson, 2000; ISBN: 0-7657-6109-2). See pp. 45-53.

Haber, Rabbi Yaacov with Rabbi David Sedley. *Sefiros: Spiritual Refinement Through Counting the Omer*. (Judaica Press, 2008; ISBN: 978-1-60763-010-4). "Sefiros takes you on a seven-week journey of spiritual refinement and improvement, providing you with practical techniques to maximize the growth potential inherent in each of the forty-nine days of Sefirah."

Jacobson, Rabbi Simon. *A Spiritual Guide to the Counting of the Omer: Forty-nine Steps to Personal Refinement According to the Jewish Tradition*. (Vaad Hanochos Hatmimim, 1996; ISBN: 1-886587-23-X). "Each day of sefirah has in it a specific area for growth and exercises for positive change. We invite you to use this book as a workbook, reading it, following the exercises, creating exercises that are relevant for you, and recording in it positive changes you've made in your life."

Kitov, Eliyahu. *The Book of Our Heritage*. (Feldheim, 1978; ISBN: 0-87306-154-3). See pp. 15-45 (Iyar).

Miron, Issachar. *Eighteen Gates of Jewish Holidays and Festivals*. (Jason Aronson, 2000; ISBN: 0-87668-563-7). See pp. 164-171.

Steinberg, Paul. *Celebrating the Jewish Year: The Spring and Summer Holidays*. (JPS, 2009; ISBN: 978-0-8276-0850-4). See pp. 91-134.

Strassfeld, Michael. *The Jewish Holidays: A Guide and Commentary*. (Harper & Row, 1985; ISBN: 0-06-015406-3). See pp. 47-67.

Syme, Daniel B. *The Jewish Home: A Guide for Jewish Living*. (Jason Aronson, 1988; ISBN: 0-87668-825-3). See pp. 40-42.

Waskow, Arthur. *Seasons of Our Joy: A Celebration of Modern Jewish Renewal*. (Beacon Press, 1982; ISBN: 0-8070-3611-0). See pp. 165-184.

FOR YOUNGER READERS:

Adler, David A. *The Kids' Catalog of Jewish Holidays*. (JPS, 1996; ISBN: 0-8276-0581-1). See pp. 234-259.

Benjamin-Farren, Joan. *Shuli and Me: From Slavery to Freedom*. (Black Jasmine, 2006; ISBN: 0-9788802-0-X). The forty-nine days between the Exodus from Egypt and receiving the Ten Commandments are exciting for Shuli and her friend (the narrator), who play games, eat manna, and travel through the desert to Mount Sinai. The book draws on biblical passages as well as Midrashim to recount the Israelites' journey. The pages are coded to count the days and weeks leading from Passover to Shavuot, known as the Counting of the Omer, as well as special observances during this period. The "official count" is recorded on the bottom of each text page in Hebrew and English in the traditional style used to mark these days.

Krohn, Genendel. *The Story of Shimon Bar Yochai*. Illustrated by Tirtsa Pellig. (Feldheim, 2007; ISBN: 1-58330-886-5). Rabbi Shimon bar Yochai's legendary experiences have been brought together in one volume. Noted author and educator, Genendel Krohn, seamlessly weaves each separate vignette -- learned from the Gemara and other Rabbinic sources - into an integrated, readable, whole.

Nodel, Maxine. *Moral or Less*. Illustrated by Normal Nodel. (Hachai, 1990; ISBN: 0-922613-26-5). "A richly-colored learning book about a child learning to overcome his problems in mathematics with the help of the Math Maven. The delightful tale teaches addition and subtraction."

Rouss, Sylvia. *Fun with Jewish Holiday Rhymes*. Illustrated by Lisa Steinberg. (UAHC, 1992; ISBN: 0-8074-0463-2). See p. 24 for 2 short poems.