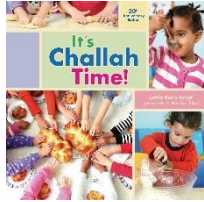
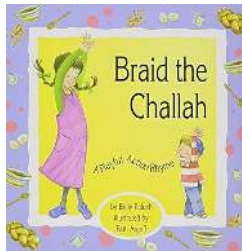


CHALLAH

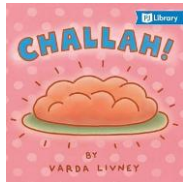
Board Books



Kropf, Latifa Berry. *It's Challah Time!: 20th Anniversary Edition*. (Kar-Ben, 2020). Photographs by Moshe Shai. “Boys and girls at a Jewish nursery school work together to prepare and bake challah, the traditional bread served on the Sabbath. They then sing, set the table, light candles, recite blessings, and enjoy the delicious tastes of challah and grape juice. A recipe for whole wheat honey challah is included.” *School Library Journal*

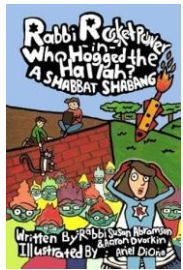


Paluch, Beily. *Braid the Challah*. (Hachai, 2004). “Braid the Challah shows exactly how a bowl full of batter turns into a beautiful challah... while a cheerful group of small children demonstrate the actions that go along with each step. They spin like a mixer, stand on their toes as they rise, and pinch off a piece of dough for the mitzvah.”



Livney, Varda. *Challah!* (PJ Publishing, 2023). Louis the Bunny can say “Challah,” but can he learn the word “Shabbat?”

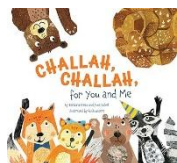
Children's Books



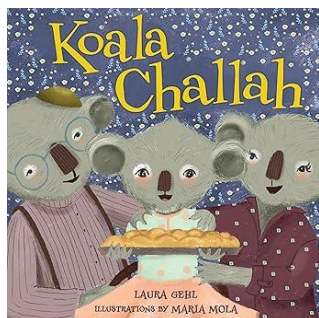
Abramson, Rabbi Suan, and Dvorkin, Aaron. *Rabbi Rocketpower in Who Hogged the Hallah?: A Shabbat Shabang*. Illustrated by Ariel DiOrio. (Oak Leaf Systems, 2008). Aliens called Trayfinators, who speak and walk backwards, and do the reverse of what we do as Jews – e.g. they blow out their Shabbat candles – have invaded the Temple's Oneg Shabbat and are adding ham to the challah and bacon bits to the chocolate chip cookies. With everyone's help, the Mensch family saves Shabbat. (Gr. 2-5)



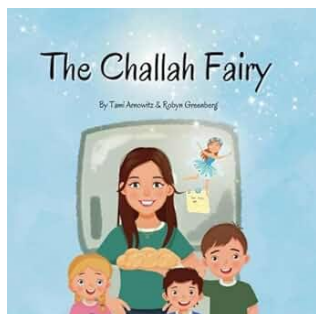
Ackerman, Sarah Holly. ***Challah for Shabbat Tonight***. Illustrated by Alona Millgram. (Little Brown Books for Young Readers, 2024). "This sweet, rhyming, beautifully illustrated picture book celebrates Jewish joy and intergenerational love as it follows a girl and her grandmother preparing for Shabbat dinner by baking traditional challah from scratch." (Preschool – Grade 2)



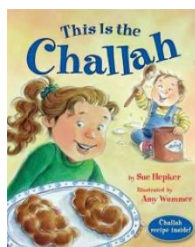
Bietz, Barbara, and Sobel, June. ***Challah, Challah, For You and Me***. Illustrated by Ruth Waters. (Apples & Honey Press, 2024). "In the simple and joyful text, Bietz and Sobel offer young readers all the yummy ways to make and enjoy challah." *The Sydney Taylor Shmooze* (Kindergarten – Gr. 2)



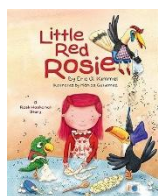
Gehl, Laura. ***Koala Challah***. Illustrated by Maria Mola. (Kar-Ben, 2017). "Lila's older sisters both have jobs to help their family get ready for Shabbat. Lila wants to help too, but she can't figure out the perfect job, and everything she tries just ends in a gigantic mess. Then Lila has an idea. Maybe she can make the most beautiful, most special, most delicious challah ever! At least she can try...." Recipe included (Preschool – Gr. 2)



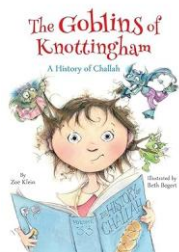
Greenberg, Robyn, and Arnowitz, Tami. ***The Challah Fairy***. Illustrated by Sherri Marteney. (Self-Published, 2024). "Help Ben, Emma, and Ari solve the mystery! Each Shabbat, a sweet tradition unfolds: a homemade challah mysteriously appears at a friend's house, adorned with a heartfelt note signed by none other than "The Challah Fairy." But who is this magical baker, and how do they know just who needs a sprinkle of joy each week?" (Kindergarten – Gr. 3)



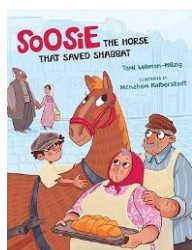
Hepker, Sue. ***This Is the Challah***. Illustrated by Amy Wummer. (Behrman House, 2014). "Bubbe is preparing for Shabbat and her granddaughter gets to help with a very important part: baking the challah. They work together with enthusiasm, even as the sugar spills, the baby cries, and eggs crack on the floor! Bubbe lovingly holds it all together as the chaos builds and then dissipates into a warm, loving family dinner. Told in a cumulative rhyme." (Preschool – Gr. 2)



Kimmel, Eric A. ***Little Red Rosie***. Illustrated by Monica Gutierrez. (Apples & Honey Press, 2017). "In this playful version of The Little Red Hen, a young girl enlists her animal friends to help make the challah for Rosh Hashanah." (Preschool – Gr. 1)



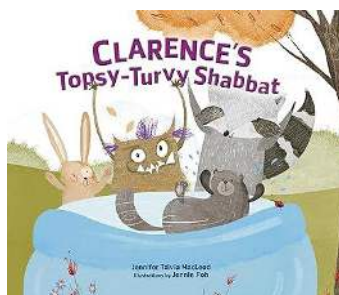
Klein, Zoe. ***The Goblins of Knottingham: A History of Challah***. Illustrated by Beth Bogart. (Apples & Honey Press, 2017). “Long ago, in the town of Knottingham, there were three little goblins: Knotty was naughty, Knotsalot was no good, and Notnow was no good, no how, not then and not now! More than anything else, these mischievous goblins liked to tangle children's hair! Find out how the children fought back and how their tangled hair led to the unlikely invention of a braided bread called challah.” (Kindergarten – Gr. 2)



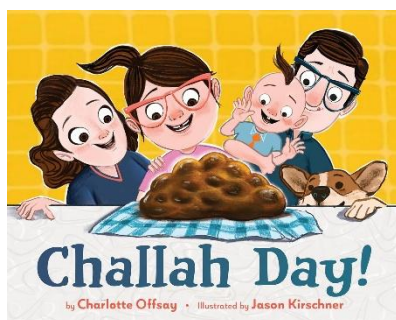
Lehman-Wilzig, Tami. ***Soosie: The Horse that Saved Shabbat***. Illustrated by Menahem Halberstadt. (Kalaniot Books, 2021). “Every Shabbat Jacob and his horse Soosie set out to deliver Ezra and Esther’s delicious challahs to their Jerusalem neighbors. But what happens when Jacob is sick? Will everyone get their challah in time for Shabbat?” (Kindergarten – Gr. 2)



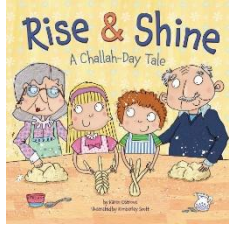
Ludwig, Sidura. ***Rising***. Illustrated by Sophia Vincent Gay. (Candlewick, 2024). “A quiet, joyful story celebrating a Jewish mother’s tradition of making challah with her child merges a lyrical text with stunning illustrations—and includes the author’s favorite recipe.” (Kindergarten – Gr. 2)



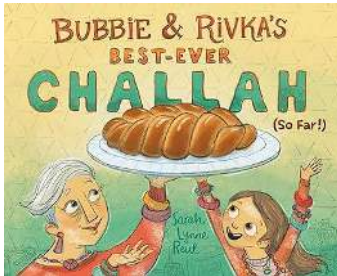
MacLeod, Jennifer Tziviv. ***Clarence's Topsy-Turvy Shabbat***. Illustrated by Jennifer Poh. (Kar-Ben, 2020). “Is Clarence confused and will he create chaos on Shabbat? His special Shabbat challah recipe calls for flour, oil, honey, yeast and water, and his neighbors eagerly await their loaves. But, instead he gathers a silly assortment of things. How will he bake his challah?” (Preschool – Gr. 2)



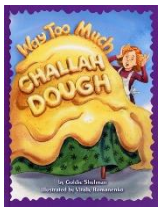
Offsay, Charlotte. ***Challah Day!*** Illustrated by Jason Kirschner. (Holiday House, 2023). "A sweetly straightforward and celebratory read for Jewish families as well as those wanting to learn more about Jewish culture. Offsay’s jaunty and quick-paced rhyming couplets are perfect for reading aloud. . . Matching the bouncy tone of Offsay’s writing, Kirschner’s charmingly dynamic illustrations highlight the characters’ actions. . .”—*Book Page* (Gr. 1 – 3)



Ostrove, Karen. ***Rise & Shine: A Challah-Day Tale***. Illustrated by Kimberly Scott. (Kar-Ben, 2013). “When Sammy and Sophie find an old paper with strange writing they take it to Shalom House, where their grandmother and other seniors recognize it as a recipe in Yiddish, and all pitch in to bake challah.” (Preschool – Gr. 1)

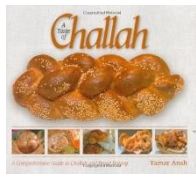


Reul, Sarah Lynne. ***Bubbie and Rivka's Best-Ever Challah (So Far!)***. (Henry N. Abrams, 2022). “Bubbie and Rivka are not the best bakers . . . yet. But they are starting a new tradition. Every Friday they will bake a challah together! As Bubbie and Rivka put their heads together to solve each week’s baking disaster, they learn . . . that practice makes progress and persistence makes for some very special together time . . . and some very yummy challah!” (Kindergarten – Gr. 3)



Shulman, Goldie. ***Way Too Much Challah Dough***. Illustrated by Vitaliy Romanenko. (Hachai, 2006). “A young girl named Mindy imagines the consequences of not paying close attention to her Bubby’s directions. What will happen if she adds more and more yeast to her Bubby’s challah recipe?” (Kindergarten – Gr. 2)

How-To and Recipes



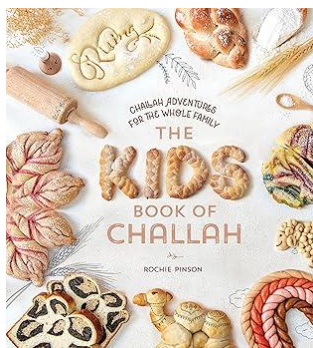
Ansh, Tamar. ***A Taste of Challah***. (Feldheim Publishers, 2007). “Beautiful photography, step-by-step instructions, and clear, straightforward text makes baking bread and braiding challah easy for anyone. Check her website: <https://atasteofchallah.com/>.”



Harper, Rabbi Vanessa M. ***Loaves of Torah: Exploring the Jewish Year through Challah***. (CCAR Press, 2023). Rabbi Harper wanted to “facilitate her own spiritual growth,” so she starting making challahs reflecting the content of the weekly Torah readings. This led to @lechlechallah, an Instagram account where Harper posted photographs of her creations with short commentaries on the *parsha*. Her book “is a refined and expanded version of four years of learning and teaching about challah and creative Torah.” A great resource for both baking and the weekly parsha.



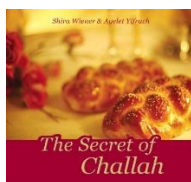
Krut, Raheli. ***Challah with Love***. (Self-Published, 2024). “Learn the secrets to kneading, braiding, and baking challah with step-by-step instructions and detailed explanations of the science behind each method.”



Pinson, Rochie. *The KIDS Book of Challah: Challah Adventures for the Whole Family*. (Feldheim, 2022). The book includes over 100 challah recipes and ideas, each gorgeously photographed and charmingly illustrated, more than 50 unique braid tutorials, step-by-step photo instructions to make baking challah accessible to the whole family, challah for the holidays and for life's special occasions, fun foods to make with challah dough and leftovers, and a bonus section: the how and why of Shabbat candles, setting the table, and the mitzvah of challah.

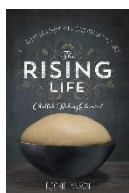


Pinson, Rochie. *Rising: The Book of Challah*. (Feldheim Publishers, 2017). A beautiful book with clear color pictures. The Rebbetzin clearly explains both the practical aspects of making challah, as well as the spiritual elements that literally raise the act of making bread into a holy endeavor.

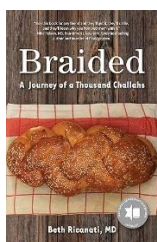


Wiener, Shira and Yifrach, Ayelet. *The Secret of Challah*. (Reshit Publications, 2007). For beginners as well as advanced bakers, the five sections of the book emphasize both the spiritual aspects and the technical aspects of the baking process.

Adult Books



Pinson, Rochie. *The Rising Life: Challah Baking Elevated*. (Orly Press, 2015). “Funny, wise and engaging, Pinson takes you her journey with challah, and explains how the recipe for challah is really a guide to an elevated, mindful life. This book includes only one recipe (Rochie Pinson's classic recipe) and instructions for braiding a 6-strand loaf. “



Ricanati, Beth, MD. *Braided: A Journey of a Thousand Challahs*. (She Writes Press, 2018). “Beth Ricanati learned that simply stopping and baking bread was the best medicine she could prescribe in a fast-paced world.” She learned that “the act of making the bread—mixing and kneading, watching and waiting—could heal your heartache and your emptiness, your sense of being overwhelmed.”